

Safe Harbor

DCCAV - Davis Citizens' Coalition Against Violence

Annual Report | FY 2017—2018



Offering Hope, Ending the Silence

www.safeharborhope.org | 24/7 Support 801.444.9161

TABLE OF CONTENTS

Message from the ED	3
2017/18 Services Snapshot	4
Innovations in Services	5
How We Help	6
A Survivor's Story	7
Volunteer Highlights	8
Serving Everyone in Our Community	9
Board of Directors	10
2017/18 Financial Snapshot	11

A message from the Executive Director



Dear Friends,

A little over a year ago I joined Safe Harbor as the Executive Director and the experience of working here has profoundly affected me. I've been moved by those we've been able to help and how much more help is needed.

This past fiscal year, we expanded our community partnerships and collaborative activities, which resulted in increased resources for survivors, including the first dedicated sexual assault exam room at Intermountain Hospital in Layton. We also brought more awareness and resource raising activities to Davis County with our first annual Paint the Town Teal event and Survivor Art Exhibition during #SAAM in April. Amidst these new endeavors, we continued our high quality services, serving more survivors than ever!

I am grateful to share that for the next fiscal year, we are launching the Davis Forensics Sexual Assault Nurse Examiner (SANE) Program, the first SANE Program coordinated by a service agency in Utah. This expansion answers a desperate need in both our county and state to better serve sexual assault survivors. We have also secured a generous land donation from Intermountain Healthcare for our new Outreach Center, the first part of our three part capital campaign that will double our capacity—something that can't happen too soon as we turn away around 1,000 survivors seeking shelter each year. Stay tuned for more information about this expansion.

Thank you for being part of Safe Harbor's efforts to *Offer Hope and End the Silence* in our community. I hope you are as invigorated as I am to continue and expand Safe Harbor's effort to provide robust, trauma-informed services to meet the needs of survivors and our community .

Give us a call to get involved, 801-444-3191, and thank you for your support.

Warm Regards,

A handwritten signature in cursive script that reads "Kristen Floyd".

Kristen Floyd
Executive Director

**IT COSTS \$77.21 TO PROVIDE ONE
PERSON A DAY OF SAFE SHELTER.**

SAFE HARBOR SERVICES SNAPSHOT

FY 2017 - 2018

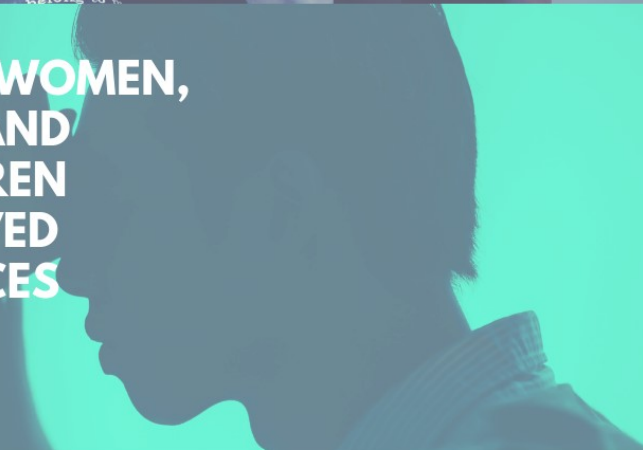
**32% OF CLIENTS
WERE CHILDREN
OR YOUTH**



**55,449 SERVICES
WERE PROVIDED
TO INDIVIDUALS
IMPACTED BY
VIOLENCE**



**2,940 WOMEN,
MEN, AND
CHILDREN
RECEIVED
SERVICES**



**WWW.SAFEHARBORHOPE.ORG
24/7 CRISIS: 801.444.9161**

**OFFERING HOPE,
ENDING THE SILENCE**

Innovations in Services

Safe Harbor continuously works to evaluate the effectiveness of our services and needs of our community in order to refine our programming to better serve survivors and Davis County. Stemming from this, this past fiscal year, we've implemented the following innovations in services:

EXPANDED THERAPY SERVICES

Our agency now employs two full-time therapists, which doubles our capacity to offer trauma-informed therapy services for survivors. Therapy is offered one-on-one and through therapy groups. All therapy services are free and confidential. Therapy is available for adult and minor survivors (ten-years-old and up) of domestic violence, dating violence, and sexual assault.

INCREASED COMMUNITY ENGAGEMENT

Key staff members are focused on offering awareness and prevention resources throughout the community. Awareness activities and resources increase community knowledge of the issues of domestic violence, sexual assault, dating violence, and stalking, as well as the available services through Safe Harbor, so individuals who need assistance know where to turn for help. Our prevention efforts are based on evidence-based curriculums, primarily aimed at the risk and protective factors that impact sexual and domestic violence as well as other crucial issues in our community, including bullying and suicide prevention. We've also added additional community involvement efforts, such as the survivor art showcase during Sexual Assault Awareness Month.

IMPROVED OPERATIONAL EFFICIENCIES

As an agency, Safe Harbor has implemented a number of tools to help increase our organizational effectiveness. These seemingly small changes can greatly improve an advocate's ability to make the best use of their time to better help survivors. These efficiencies include a new phone system, new business management processes, a donor database, a case management database, and switching to a Google platform, which allows us to maintain a real-time wishlist. These changes have improved our ability to communicate across our three agency sites and with the community and survivors.

INCREASED CAPACITY

To help improve the accessibility of our services, we've expanded services in a variety of ways. One expansion is offering additional childcare services while a parent is participating in case management or groups, as well as more children's services including recreational activities and story time. Another is through the enhancement of our group curriculums as well as an expansion of the types of groups available. Our Outreach Center advocates served more clients than ever. Increased community partnerships brought on additional resources for survivors, such as the dedicated sexual assault exam room from Intermountain Healthcare.

HOW SAFE HARBOR HELPS

Safe Harbor offers trauma-informed, client centered services to meet the needs of those impacted by domestic and sexual violence as well as our community. All our services are free and confidential. These services include:

24/7 Crisis Support—Our 24-hour hotline, 801.444.9161, is staffed by trained advocates; plus a crisis response team can provide on-site support during a sexual assault exam, offer crisis counseling, and advocacy.

Emergency Shelter—Private, secure rooms with access to the fully equipped kitchen, laundry facilities, and outdoor playground. People experiencing domestic violence can seek shelter 24-hours a day, seven-days a week. In addition to shelter, residents may receive supportive services, group enrollment, food, clothing, and household goods.

Outreach Services—Most individuals never need to come into shelter. Safe Harbor advocates can work with individuals to achieve safety while they remain in the community.

Protective Orders—Assistance with the protective order and stalking injunction process for those experiencing domestic violence, dating violence, sexual assault, or stalking.

Sexual Assault Services—Services for rape or sexual assault survivors, as well as their close family and friends. Anyone can call the 24-hour crisis line for confidential help, 801.444.9161. On-going support groups help survivors cope with the after effects of assault. We also have case management support and advocacy with trained advocates.

Therapy—Free one-on-one and group therapeutic services with a licensed therapist for adult and youth survivors.

Sexual Assault Nurse Examiner Services—Trained Sexual Assault Nurse Examiners are joining our team to conduct forensic evidence collection for rape or sexual assault survivors in Davis County. To reach out for exam services, please call the 24-hour crisis line for confidential help, 801.444.9161.

Children's Services—Advocates work with children to help safety plan and overcome the trauma of witnessing violence.

Hope Housing—Secured two- and three-bedroom transitional housing apartments coupled with case management, referrals, and supportive services.

Economic Empowerment—Domestic violence workplace advocacy and job readiness support including on-site free workshops.

Groups and Classes—Educational and supportive groups for domestic violence or sexual assault survivors, as well as groups specifically for children who have been exposed to domestic violence and sexual assault

Prevention Education—Safe Harbor is available to present at schools, churches, businesses, and other groups or events to raise awareness about violence and how we can all help end it using evidence-based approaches.

Lethality Assessment—Partnerships with law enforcement using an evidence-based screening tool to identify survivors at high-risk to help save lives.

Diversity Support—Services are available in English and Spanish for survivors. Safe Harbor can also access a language line for other languages.

From Victim to Survivor

Leanya met Roger when she was 17-years-old.

“Everything seemed so wonderful; he was really into me. Now I see the warning signs, but at that point, I didn’t. He was calling me all the time and wanted to spend every moment with me. That’s how he hooked me. He made me feel really important.”

Leanya says things changed when he started doing drugs and soon she was doing drugs too. Within a month, he’d shoved her into oncoming traffic. “He was mad, so he shoved me into oncoming traffic. Right before I was hit by a car, he pulled me back and apologized. You can come up with excuses for people you care about. You know it’s wrong, but you hope that they’re telling the truth and mean it was an accident.”

A few months later Leanya was pregnant with their first child. “When I got pregnant it felt so final. He knew that I wanted a family and I wanted to stay together for the baby. When I got pregnant, I stopped doing drugs and the psychological, emotional, and verbal abuse got worse. It was imprisonment of the mind.”

She first found out about Safe Harbor from a police officer. “Our baby was about two-years-old, and he was throwing things at me and screaming. A neighbor called the police. The officer handed me a pamphlet about Safe Harbor, but at the time I was like, no it’s just a fight, and it’ll be ok. It was really hard to understand what was actually happening. He would say, ‘I love you. I’m sorry. I want our family and I want to make this work.’ He was so good at manipulating and telling me exactly what I wanted to hear.” And Leanya wanted to believe him. Leanya wanted her children to have a father.

Leanya describes a pivotal moment in one of Safe Harbor’s domestic violence classes, “We watched this video and there was this recording of this child calling the police because the dad was beating the mom, and that was an A-HA moment, because that was how old my daughter was when Roger held a gun to my head in the bathroom and told me he would kill me and leave me for the children to find. I thought – that’s going to be my child calling the police. It was a huge eye opener.” Her children now meet with the Children’s Advocate at Safe Harbor, are involved in the children’s activities, and have support from other community resources, and Leanya says they feel like they have a voice and their opinion matters.

After leaving Roger for the fourth and final time, Leanya says life is totally different for herself and her children. She’s participated in the shelter program and Hope Housing program, completed classes, started therapy, and gotten assistance from other community resources through referrals from Safe Harbor. “This place has helped me so much. Everyone at Safe Harbor always had my back. When I got here, I didn’t have an identity, because I was who he said I could be. Here I’ve learned how to do things on my own.”

Reflecting on her experience and how it might help other survivors, Leanya says, “It took me thirteen years to get away from this person; looking back I wish I’d done it sooner. I wish I had gone to Safe Harbor’s classes much sooner. I wish that the schools did mandatory DV classes – if I had known in high school what I’d known now I wouldn’t have gotten into a relationship with that man.”

Leanya is completing technical training to get a well-paying job to support herself and her four children. “My life is peaceful now. Now when we get angry, we leave each other alone. It’s very different. My kids are actually enjoying themselves. When there are problems, we address them, not like before when we couldn’t talk about anything because dad would freak out.”

(Names are changed to protect privacy.)

VOLUNTEERS AT Safe Harbor

DCCAV - Davis Citizens' Coalition Against Violence

Business: 801.444.3191

Crisis: 801.444.9161

Make a Difference

Last fiscal year, dedicated volunteers donated 11,009 hours helping in shelter, fundraising, providing administrative support, as crisis response team members, answering crisis calls, as members of our board, in the outreach center, completing special projects, and more.

If you would like to volunteer, please call 801-444-3191 or email volunteer@safeharborhope.org.



11,009 Volunteer Hours = \$268,509.51
or 5+ full-time staff members

Services for Everyone

Craig was sexually assaulted by someone he thought was a friend. He doesn't know where to go for help and is afraid of what people will think if he tells anyone what happened.

Adrian thought they'd met the love of their life when they met their partner a few years ago, but now they're afraid. Because of the ongoing berating by their partner, they don't think they can make it on their own, plus their credit is ruined because of the payday loans taken out to meet their partner's increasingly demanding needs. They don't know what to do and wish there was someone they could talk to.

Sexual and domestic violence are about power and control. They can happen to anyone, regardless of race, ethnicity, gender identity, sexual orientation, age, culture, religion, disability, economic status, or location.

Safe Harbor is a safe place where anyone impacted by these forms of violence can come to receive confidential services. We believe you. All of our services are available to anyone whether gay, lesbian, heterosexual, polygamist, polyamorous, bi-sexual, asexual, demisexual, transgender, or cisgender. You can also seek services no matter when the abuse or assault occurred.

Our advocates are trained in providing services to male survivors and LGBTQ+ survivors, as well as culturally inclusive services. We welcome anyone impacted by domestic violence or sexual assault to call us to see how we can help, 801.444.9161. A survivor doesn't need to come to shelter to get help. We can offer support through our Outreach Center, located at 225 Adamswood Rd, Layton.

Outreach Center free, open, and inclusive services include:

- Education, awareness, and personal empowerment
- Safety planning
- Advocacy
- Case management
- Protective Order assistance
- Stalking injunction assistance
- Information
- Resources
- Advocacy and coordination with criminal justice, law enforcement, legal, and social services as well as medical and mental health personnel
- Referrals
- Support for family and friends of survivors
- Support Groups including: Domestic Violence 101; Domestic Violence 201; Parenting Groups; Sexual Trauma and Recovery (STAR); Teen-STAR; Children's Groups
- All services are FREE
- Services are available in Spanish | Si Español

BOARD OF DIRECTORS

Our heartfelt gratitude to our volunteer board of directors who provide invaluable leadership, stewardship, and support for Safe Harbor Crisis Center.

FY 17/18 Board of Directors

Bret Millburn, Chair
Jim Gramoll, Vice-Chair
Teresa Kendell, Secretary
Jill Alsop
Paul Black
Dawn Brandvold
Jen Burnett
Mikal Ann Byrd
Becky Edwards
Mike Edwards
Melissa Freigang
Trevor Johnson
Patrick Kendell
Sol Olberg
Mark Parsons
Ann Holden Shumway
Paul Summers

FY 18/19 Board of Directors

Teresa Kendell, Chair
Sol Olberg, Vice Chair
Mark Parsons, Treasurer
Jen Burnett, Secretary
Jill Alsop
Shawn Beus
Dawn Brandvold
Melissa Freigang
Jim Gramoll
Trevor Johnson
Lorene Kamalu
Patrick Kendell
Lori Pehrson
Paul Summers
Allen Swanson

FY 17/18 Financial Snapshot

Thank you to each person who donates to Safe Harbor to keep our doors open and services free!

Income

Corporate/Private Donations	\$109,333
Fundraisers	\$217,757
Grants	\$953,810
Rental Income	\$5,600
Other/In-kind Income	\$216,289
Other	\$658
TOTAL OPERATING REVENUE	\$1,503,447

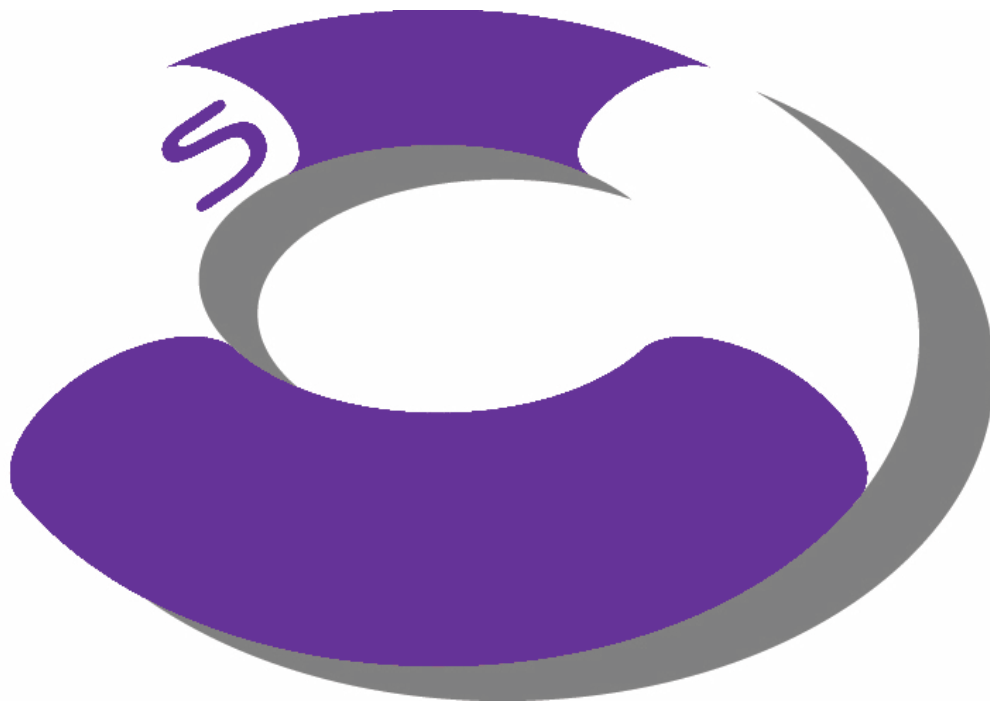
Expenses

Salaries & Wages	\$835,779
Fringe Benefits	\$227,909
Client Services	\$257,042
Building Maintenance, Rent, & Utilities	\$116,670
Professional Fees & Licenses	\$44,881
Other Expenses	\$125,389
TOTAL OPERATING EXPENSES	\$1,607,670

Net Assets at End of Year	\$2,292,790
----------------------------------	--------------------

Administrative Cost Percentage	13.90%
--------------------------------	--------

Fundraising Cost Percentage	4.0%
-----------------------------	------



Offering Hope, Ending the Silence

24/7 Crisis Support |
Si Hable Español

801.444.9161

If you are in immediate danger, call 911

Business Line

801.444.3191

Outreach Center

385.515.4044

www.safeharborhope.org

[Facebook.com/SafeHarborCrisisCenter](https://www.facebook.com/SafeHarborCrisisCenter)

Safe Harbor, a non-profit organization, provides shelter, supportive services and advocacy to survivors of domestic violence and sexual assault, as well as education, awareness and resources to our community.

Mailing:

PO Box 772

Kaysville, UT 84037

Outreach Center:

225 Adamswood Road

Layton, UT 84040