

# Safe Harbor

Offering hope. Ending the silence.



# 2022 Annual Report

# Letter from Executive Director

Dear Friends,

With COVID restrictions finally lifting, we are reconnecting with our community. Public events drawing attention to the issue of domestic violence and sexual assault have been reinstated. Attendees have left better informed and with renewed determination to make a difference. Our prevention program incorporates a “train the trainer” approach. Teaching community leadership to recognize signs of interpersonal violence gives them the tools they need to connect victims to critical resources and share their knowledge. Most victims seek help five times from professionals in the year before they got effective help to stop the abuse. Contacts made at outreach events, ads seen, friends and neighbors reaching out, can all lead to victims getting help sooner.

To improve these outreach efforts, Safe Harbor completed construction on our new Lifeline and Prevention Center in Layton, Utah. This facility has been in the works for several years. At its inception, our Prevention Program was in a business building in Layton city. We then rented an office at the centrally located Farmington Station. We soon realized that with the growth Safe Harbor was experiencing, and the steady increase of individuals seeking services, we would need our own outreach building. This dream became a reality when the Lifeline and Prevention Center was opened in June 2022.

It is our intention to face the future with a focus on prevention rather than reaction. A pressing issue in Utah is that of affordable housing. This is exacerbated for victims of domestic violence, who often stay in an unsafe situation because the alternative is homelessness. Finding housing is daunting for the average person, but many domestic violence victims have the added pressure of children in the home and no personal income. They may downplay or dismiss dangerous behavior to keep themselves and their children off the streets. To anticipate the rapid growth in Davis County (an estimated 7.37% before 2025 according to the US census), Safe Harbor is raising funds to expand our Transitional Housing and Emergency Shelter Facilities. Even now, the need outweighs our resources. Last year we received 1000 requests for Emergency Shelter and filled 262. Our transitional housing is also in high demand. Though we have a waitlist which reached 12 families at one point, most clients seek housing elsewhere rather than wait the potential 24 months for a vacancy. Expanding these facilities will meet the need of safe housing for survivors and strengthen the community. Your support in our efforts is irreplaceable.

While helping clients is often an uphill struggle, we have been bolstered by a community eager to provide support. This year, Safe Harbor implemented a state sponsored program to help survivors navigate the health care system. At every turn, our representative was met with professionals ready to serve those most vulnerable among us. As we seek funding to help survivors, we find organizations and individuals giving us opportunities to apply for grant funds. When we reach out for donations, we're met with generosity and kindness. When our staff is stretched to their limits, we find volunteers eagerly filling the cracks. The problem of domestic violence and sexual assault is unlikely to disappear overnight, but the ongoing community support is indispensable to our work.

Sincerely,



Kristen Floyd  
Executive Director



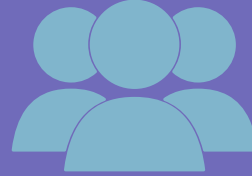


SAFE HARBOR  
CRISIS CENTER

# FAST FACTS

**2,947**

Total  
clients  
served



**291**

Children  
served



Community  
education  
attendance

**3,492**

Shelter  
nights

**5,397**



## CLIENT PROGRESS

**83% reported progress on a goal**

**88% reported feeling increased safety**

**78% reported greater confidence making decisions**



**CALL US  
NOW**

**801-444-9161**



**DONATE  
NOW**

**[WWW.SAFEHARBORHOPE.ORG](http://WWW.SAFEHARBORHOPE.ORG)**



# In Sickness and in Health

As part of the American Rescue Plan released in 2021 to counteract the impact of the COVID-19 pandemic; organizations statewide were provided funding for a new program. This funding created a new position, Safe Harbor's Health Navigator.

The Health Navigator acts as a liaison between survivors of interpersonal violence and various medical resources i.e. vaccinations, medical appointments, and psychiatric care. Beyond physical injuries, domestic violence is linked to a number of adverse health effects including: arthritis; chronic neck or back pain; migraine or other types of headache; sexually transmitted infections (including HIV/AIDS); chronic pelvic pain; peptic ulcers; chronic irritable bowel syndrome and frequent indigestion; diarrhea, or constipation (How to Create a Healthcare-based Domestic Violence/Sexual Assault Program. Nancy Durborow. Futures without Violence, National Health Resource Center on Domestic Violence, 2013. Accessed 08/25/2022).

Helping clients connect with health care is important as "health care providers are an essential link in the coordinated effort to break the cycle of violence and build a healthy community. Identifying and responding to DV in health care settings can make a tremendous difference for patients' physical health, mental health, safety, and quality of life"(<https://www.futureswithoutviolence.org/healthcare-based-domestic-violence-programs/>). Our Health Navigator made tremendous progress within months of the program's implementation through re-establishing connections with 30 partner organizations, including Tanner Clinic, Midtown Clinic, Layton IHC, Midtown Health and Dental Clinic, and others. These partners expressed interest in assisting clients with their medical needs and helping them reach optimal health.

Providers, when they are well networked with local domestic violence and sexual assault advocacy programs, can access resources to provide the necessary referrals to essential services including safety planning, housing, and legal alternatives that are beyond the scope of the provider's capacity ([1] How to Create a Healthcare-based Domestic Violence/Sexual Assault Program. Nancy Durborow. Futures without Violence, National Health Resource Center on Domestic Violence, 2013. Accessed 08/25/2022).

The Health Navigator position is primarily one that provides referrals to get clients the services they need and speedy recovery. Treating physical ailments and returning clients to maximum health is an important step in their overall recovery and eventual independence. We are incredibly grateful for the health care providers of Davis County for working with us to help these survivors.



# A Momentous Occasion



Lifeline and Prevention Center open house June 9 2022

Over 85% of interpersonal violence survivors who seek services from Safe Harbor do not require emergency shelter services. Since launching an Outreach Center utilization has continued to grow. Conveniently located in Layton, our Outreach Center is a safe place for domestic violence survivors and their children to receive comprehensive services including casework, safety planning, referrals, crisis call support, direct client support, advocacy, and other support services. This past fiscal year, the Outreach Center provided 948 clients with individual advocacy services in addition to other assistance.

The opening of this facility has been a long time coming. Our Outreach Program began in 2002 to provide safety planning, advocacy, education, connection to resources, and support groups while survivors remain in the community. This program gives clients access to our 14-trauma informed services without being housed on-site. In the beginning, our Outreach Program was housed in an office building in Layton, Utah. We outgrew this space and moved our operation in July, 2019 to its own office in Station Park in Farmington.

Being in a central location, Safe Harbor experienced a spike in clients served and the need for a permanent location became clear. Prior to opening our outreach center to Farmington, we served just over 2000 clients in the fiscal year. The fiscal year the outreach center opened in Farmington; our client count doubled to over 4000 clients served.

Our Emergency Shelter and Transitional Housing facilities serve a critical purpose in housing high-risk survivors, but due to the nature of domestic violence and the potential dangers of sharing the housing facility's physical locations, the location of these facilities is not widely known. The Outreach Center serves an important purpose by offering a public front for those in need.

Safe Harbor is grateful for the incredible community support we have received in making our Outreach Center a reality. With your help, we can strengthen our community and save lives.



# Hope for a Home

In a needs assessment performed by the University of Utah in 2022, domestic violence survivors named Housing in the top five needs for recovery (<https://gbvc.utah.edu/utah-state-wide-needs-assessment-2022/>). It is widely known that Utah is in the midst of a housing crisis. Over 70% of Utahns have been priced out of the state's median priced home (<https://www.deseret.com/2022/7/1/23169701/us-housing-market-rent-hikes-high-home-prices-this-utah-family-great-lengths-afford-home-crisis>). This is especially difficult for domestic violence survivors trying to leave volatile households. Often their abuser doesn't allow them to work outside the home and won't give them access to household funds. Recognizing this need, Safe Harbor has been working to raise funding to increase capacity in our Transitional Housing Facilities. Hope Housing (Safe Harbor's housing program) emphasizes self-sufficiency and is designed to help families achieve stability in their lives and attain permanent housing.



Hope Housing operates on a Housing First Model. Housing First is a homeless assistance approach that prioritizes providing housing over all other needs first. The primary need for survivors is to obtain stable housing, and issues that may affect the household can and should be addressed once housing is obtained. An individual needs necessities like food and shelter before trying to work on barriers such as finding a job, overcoming substance abuse, etc. Optional participation is part of our Housing First model, meaning all our services are optional but highly encouraged. We offer hands-on case management. Clients are expected to be able to pay rent. They are encouraged to have an active budget and review it with their advocate monthly.

Studies have shown this approach to be successful. One of our Advocates shared the following success story about the Hope Housing Program: "Recently we had a family move into our transitional housing after a while of being homeless due to domestic violence. This family had not had a safe home for almost the entirety of the lives of their children. It is so amazing to see the relief flood over a face when you tell them they will have a safe place to sleep that night. It was incredibly rewarding moment to see the kiddos hop on to the beds we had ready for them and start to chat about where and how they are going to rearrange their rooms. The relief on both the parent and the kiddos is so amazing. This family talked about the meals they will cook, and the kids started making their beds first thing. A stable feeling of permanence could be felt in the room, and it was so insanely rewarding."

We appreciate the support of the community and donors who have contributed to this Transitional Housing Expansion. Putting families and children in a safe environment helps stop the cycle of violence and builds a better future for the entire community.



# FINANCIAL REPORT

## FY 2021-22

### Income

Corporate/Private Donations	\$2,210,995
Fundraisers	\$298,226
Grants	\$2,231,515
Rental Income	\$1,993
Other/In-kind Income	\$137,163
<b><u>TOTAL OPERATING REVENUE</u></b>	<b><u>\$4,879,892</u></b>

### Expenses

Salaries & Wages	\$1,483,100
Fringe Benefits	\$188,531
Client Services	\$538,330
Rent	\$32,252
Building Maintenance & Utilities	\$146,933
Professional Fees & Licenses	\$52,837
Other Expenses	\$635,244
<b><u>TOTAL OPERATING EXPENSES</u></b>	<b><u>\$3,077,227</u></b>

<b>Increase in Total Net Assets</b>	<b>\$1,802,665</b>
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## THANK YOU!

This year has been especially challenging for all, but the support received by our community was evident. Thank you for your continued support and invite you to learn more at <https://safeharborhope.org/offer-hope/>

## BOARD OF DIRECTORS

Safe Harbor is led by an all-volunteer Board of Directors who provide leadership, stewardship, and support for our clients, services, staff, and volunteers.

## VOLUNTEERS AT SAFE HARBOR

Safe Harbor relies on the generosity of community members to sustain our free services. While this year was a challenge, our incredible volunteers found creative ways to support our mission. If you would like to become part of this incredibly-talented, committed group, email [volunteer@safeharborhope.org](mailto:volunteer@safeharborhope.org).

## MISSION

Safe Harbor, a non-profit organization, provides shelter, supportive services, and advocacy to survivors of domestic violence and sexual assault, as well as education, awareness, and resources to our community

## STAY IN TOUCH

24/7 Crisis Line: 801.444.9161

Lifeline Prevention Center: 385.515.4044

Business Line: 801.444.3191

[www.safeharborhope.org](http://www.safeharborhope.org)

[www.facebook.com/SafeHarborCrisisCenter](https://www.facebook.com/SafeHarborCrisisCenter)

Lifeline Prevention Center: 223 Larsen Lane, Layton, UT 84041

Mailing: PO Box 772, Kaysville, Utah 84037